## Unlocking School Bias

Using Neuroscience to Improve Student Outcomes

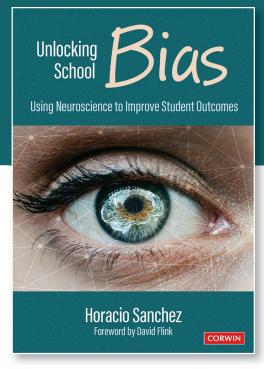
Horacio Sanchez

What can happen in 200 milliseconds? In a word, everything. In that short time, your subconscious mind has shaped your perceptions and influenced your behaviors. In other words, you have experienced bias—for better or for worse.

Unlocking School Bias ends the confusion around bias and provides educators with research and strategies that enable them to effectively address bias in the classroom and school in appropriate and productive ways. Learn to explore your own and your students' biases and discover:

- The latest research from psychology, education, and neuroscience
- Different types of biases, including confirmation bias and impact bias, and how they manifest themselves in everyday life
- Practical strategies for educators who are ready to change their and their students' actions
- How patterns in one's environment create biases and affect the brain's development

Implicit bias occurs subconsciously and so quickly that the conscious brain is unaware that it happened. Yet, with mindful practice and reflection, we can rewrite the automated processes in our brains, stop our subconscious minds from determining our thoughts and behaviors, and help our students feel safe and successful in school.



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## FIVE STAR REVIEWS



"Horacio traces how biases develop and provides practical strategies for educators to reduce the harmful impact of negative bias."

—Chris Mason, PhD

Founder and Senior Scholar, Center for Educational Improvement

