

Reflective Activity: Struggling With Disruptive Behaviors

Identifying and closing the expectation gap is an important part of developing a behavior plan for a student. Think about a student in your class who is struggling with disruptive behaviors. Consider the following:

How big is the student's expectation gap?	Are their disruptive behaviors triggered by this gap?	What state of regulation might this gap cause them to experience?	How does the student's dysregulation impact your regulation?	How is your state of regulation impacting that of the student?