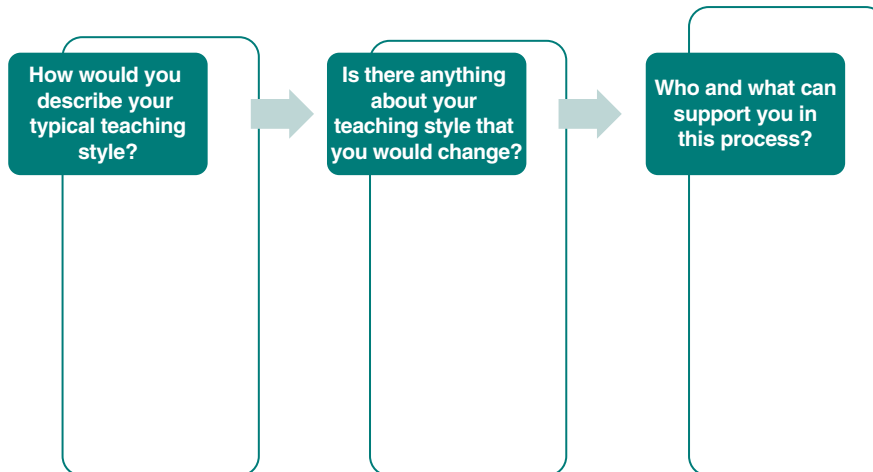


# Reflective Activity: Connection Between Regulation and Teaching Style

Connection Between Regulation and Teaching Style



Can you think of a time when your state of regulation (fight, flight, freeze) impacted your style of teaching (permissive, authoritative, authoritarian, detached)?

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