

Self-Assessment: My Strengths and Areas for Growth

NAME _____

My Strengths and Areas for Growth

Artifact (Shorter pieces can be attached to this form): _____

My Opinion

My strengths and areas of growth are: _____

The artifact I included is evidence of this strength/growth because: _____

The actions I took that led to this strength/growth were: _____

My future areas for continued growth are: _____

My action plan for pursuing this next growth area includes: _____

The importance of this future growth to me includes: _____

My Teacher's or Classmate's Assessment
(Teacher or classmate can fill this out, or learners can write down the feedback)

Strengths/growth areas evident in this artifact are: _____

Areas for continued growth are: _____

The reasons to grow in this area include: _____

Other action plan items for pursuing this growth might include: _____

My Plan

What I will do next is: _____

Next time I will ask for feedback from _____ because _____

Source: Adapted from *Classroom Assessment for Student Learning: Doing It Right—Using It Well* by Stiggins, Arter, Chappuls, and Chappuls (2004).