

Reflective Activity: Students' Development of Emotional Regulation

Think about the students in your class in regard to their level of development of emotional regulation. Can you identify which stage of development they may be in (particularly those who may be struggling)? Take notes on how you can help support each student in their development of emotional regulation. What extra supports might he/she need?

Name of Student	Stage of Development	How Does This Impact Learning?	Extra Support Needed